



# FRIDAY LETTER

Issue 4: 04.10.24

## PRAYER OF THE WEEK

### Mary's Meals Prayer

Our Father, give us this day our daily bread and forgive us for the times when we take more than our share of the bread that belongs to all.

Let us help You fill the starving with good things, not with scraps from our table.

Teach us how to share what is not ours to keep. Clothe us with Your love that we may complete each good work You created us to do.

Place in our hearts Your compassion for each starving child and use our little acts of love so that they starve no more.

Amen



## KEY DATES

7th October	Italian Exchange
7th October	Yr. 11 Furness Jobs & Skills Event
10th October	World Porridge Day
17th October	Yr. 11 Education Evening
21st October	Beyond Bernard's Careers Week
24th October	Yr. 7 & 8 STEM Road Show
4th November	Castlerigg Yr. 10 Retreat
11th November	Start of Yr. 11 Mocks

## REMINDERS

### **Student Absences**

Call school on 01229 814 560

### **Do not forget**

Y11 Education evening—book your place now!

### **Remember**

Please do not come up the drive to drop or collect children.

### *WORDS FROM ST BERNARD*

“Suppose you saw a starving man inhaling great deep breaths, filling his cheeks with wind to stay his hunger; would you not call him mad? And it is just as mad to think that blowing yourself out with earthly goods can satisfy your hunger.”



Congratulations this week to our fantastic students. We are so proud of you

## COMMITTED LEARNERS

**YR 11**

Freya Chadbourne, Grace Joshy, Shannon Bateman, Jay Steele

**YR 10**

Zac Blower, Al Ayman Sarker, Amelia Biju, Daniel Balmer

**YR 9**

Sienna Terpilowski, Donald Anwanyu, James Rogerson, Leo Roche

**YR 8**

Ed Cush, Florence Parkinson, Rhian Barrow, Olivia Hart

**YR 7**

Harry Middleton, Emily Duncan-Matalavea, Martha Thomas, Cheryl Sowunmi

## EXCEPTIONAL PEOPLE

**YR 11**

Darcey Thomas

**YR 10**

Khloe Alyzza

**YR 9**

Grace Anderson

**YR 8**

Evan Job

**YR 7**

Zach Crellin



## ST BERNARD'S NEWS

17:58

CATCH UP WITH ALL THE ACTION THIS WEEK FOR OUR WONDERFUL SCHOOL



Our Year 7 and Year 9 teams both enjoyed another great night of netball last night, when they took part in the Barrow Schools Festivals. Both teams played some fantastic netball and enjoyed their first taste of competitive netball this year.

Well done girls.

We were delighted to welcome the fantastic team from Narrative Alchemy to work with Years 8, 9 & 10 on identifying the dangers of County Lines. Thank you very much to Rose, Harry & George who put on an amazing event for us and to the students who all represented us as exceptional people!



# ST BERNARD'S NEWS

**17:58****CATCH UP WITH ALL THE ACTION THIS WEEK FOR OUR WONDERFUL SCHOOL**

Next week in school, we have assemblies from the charity Mary's Meals for Years 7-10 on Monday, as well as a bake sale for World Porridge Day on Thursday 10th October. Their mission is that every child receive one daily meal in their place of education and that all those who have more than they need, share with those who lack even the most basic things. They aim to provide porridge to school children in Malawi, Gambia and Zimbabwe to nourish them in order to learn and grow.



To support this, pupil-made flapjack and cakes will be sold during break and lunchtime by some of our school leaders, along with pupils from our neighbours at Sacred Heart. We would love to see as many pupils as possible support this initiative, either by baking or buying some of the cakes sold on the day.

All monies raised will go towards this worthy appeal. In Malawi, after one year of eating Mary's Meals, children were 29 times more likely never to feel hungry while at school than those not receiving Mary's Meals. Just £19.15 can feed a child at school for the entire year. As part of our Catholic ethos, we encourage our young people to consider and support the less fortunate, at home and abroad.

Any pupils wishing to help out can notify their Form Tutor, or see Mr Pearce or our Chaplain Nikki.





## ST BERNARD'S NEWS

17:58

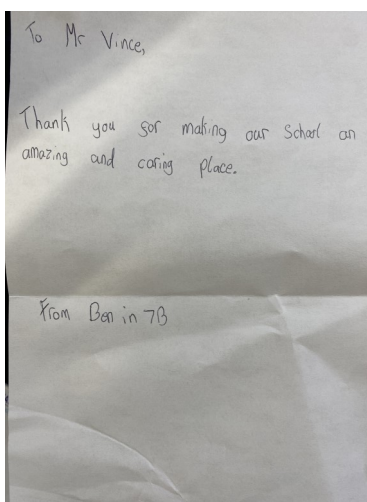
CATCH UP WITH ALL THE ACTION THIS WEEK FOR OUR WONDERFUL SCHOOL

Last week Sophie took part in two Spotlight dance shows at The Coronation Hall in Ulverston. Taking centre stage and had a solo part of a dance for her group. Well done Sophie and the Spotlight team, amazing show. We are so proud of you.



The Walney Wind Cheetah Cubs running group had their presentation night on Friday. Annie Coward was awarded the overall 'Runner of the Year 2024' for the effort she puts in every week and at every race / parkrun she attends. She was awarded with a trophy and has had her name engraved on the shield alongside previous winners including Max Perry, Olivia Gomersall and Evie Managh.

Mr Vince received a lovely letter this week from one of our Y7 pupils and thought all our parents would like to see it. Thank you very much Ben!



# ST BERNARD'S NEWS

**17:58****CATCH UP WITH ALL THE ACTION THIS WEEK FOR OUR WONDERFUL SCHOOL**

## Barrow Jobs and Skills Careers Event: Monday 7th October

On Monday afternoon all Year 11 students will attend the Barrow Jobs and Skills Careers event at the Forum. It is their first opportunity this year to explore the options and career pathways available to them on leaving St Bernard's. Students will listen to presentations from a number of sectors and have time to explore the main careers fair and talk to current students, apprentices and employers about their experiences. The event runs to 7pm and is open to the public.





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CATCH UP WITH ALL THE ACTION THIS WEEK FOR OUR WONDERFUL SCHOOL

## SCHOOL TOURS

We would love to show you around our gorgeous school and meet prospective families. Please share with anyone you know that would like to come and visit us. They can click on the link <https://forms.gle/isoacXt94sewcJaJ6> or contact us on 01229 814560 or email: [contact@stbernardsschool.uk](mailto:contact@stbernardsschool.uk)



We are very proud of our special school that has been providing high quality Catholic education in this part of the world for almost 75 years. We are a school for all, Catholic or not, with a mission to help young people discover their gifts and talents, becoming the very best person they can be - the person God wants them to be.



# MESSAGES FROM MR VINCE

## Calm and Purposeful

It has been a real pleasure this week to walk around school and see a calm and purposeful learning environment. The visitor I have shown around school this week has sent me an email to say thank you... I thought I would share it with you....

*"Thank you for taking time out of your day to show me around St Bernard's yesterday. It was a real pleasure to meet you and see the school in action. The open, calm and purposeful atmosphere made a strong impression: St Bernard's really is a wonderful school." Visitor to St Bernard's*

We are really proud of our wonderful students.

## News items and celebration

It has been great to get some 'community' news stories in this week – if you have any to celebrate **please do let us know at [news@stbernardsschool.uk](mailto:news@stbernardsschool.uk)** with a short write up and photos and help us celebrate all we are!

## Year 11 GCSE Education Evening

Please do not forget this very important evening coming up on 17th October, 6pm-7pm. This is an opportunity for us to work together to support our students in this crucial year, helping them to be as successful as possible. If you are able to attend please fill in this form, which also allows you to let us know what you would like covered. [CLICK HERE](#)

## And finally

*Another great week at St Bernard's and again more sunshine!!*

*I have had a very enjoyable week with the joy of Aston Villa beating Bayern Munich in the Champion's League. However, I am expecting to be brought down to earth when Villa inevitably lose to our bogey team Man Utd - I am sure that will make many of you happy though!!*

Have a wonderful weekend,

God Bless,

Mr Vince  
Headteacher



St Bernard's Catholic High School  
Rating Lane  
Barrow-in-Furness  
Cumbria  
LA13 9LE

01229-814560  
[contact@stbernardsschool.uk](mailto:contact@stbernardsschool.uk)  
[www.stbernardsschool.uk](http://www.stbernardsschool.uk)

