



# FRIDAY LETTER

Issue 24 21.03.25

## PRAYER OF THE WEEK

God of infinite love,  
 I thank you for this reminder of your  
 love  
 and your call that we be more patient,  
 gentle and compassionate with  
 others.

Here in the middle of Lent,  
 I turn to you to beg for your help.  
 Please soften my heart.  
 Help me to let go of judging others.  
 I ask you this, in Jesus' name.

Amen

## KEY DATES

24th March	Mother tongue day
26th March	Y9.10 and 11 flu vaccine
27th March	Y10 parents evening
27-28th March	Y9 Geography field trip
2nd April	Born for This
4th April	Last day of Spring term

## REMINDERS

### Student Absences

Call school on 01229 814 560

### Don't forget

Born for This is on 2nd April at 5pm. Everyone welcome to join us for this amazing performance!

### Remember

Sign up for Y10 evenings ASAP

## WORDS FROM ST BERNARD

*"O Mary, remember that it has never been heard of in any age, that any sinner who turned to you was rejected by you. I am a miserable sinner, but I turn to you and trust in you."*





**Congratulations this week to our fantastic students. We are so proud of you**

## **COMMITTED LEARNERS**

**YR 11- Eva Kalogeri, Zoie Agas, Joshua Benn, Matthew Kendall**

**YR 10- Brooke Brown, Maigan Farish, Ruby Harrison, Mason Murphy**

**YR 9- Samuel Cooper, Jack Darby, Adina Jose, Ellie Corlett**

**YR 8- Evan Job, Jeremy Togobo, Oliver Brown, Joshua Forsyth**

**YR 7- Joseph Adebanji, Zeb Morrison, Penny Brough, Oliver Corkill**

## **EXCEPTIONAL PEOPLE**

**YR 11 – Harriet Delaney**

**YR 10– Joshua Casey**

**YR 9– Lucy Merritt**

**YR 8– Japneet Ghuman**

**YR 7– Martha Thomas**



Congratulations to our Year 7 football team who beat Chetwynde tonight in the town cup semi final. They played some excellent football and scored some wonderful goals this week.

A huge well done to year 10 student Ryan who represented Cumbria schools Athletics at the English schools cross country championship. Ryan did exceptionally well to make the county team as he is still a year young. The race was extremely fast with over 330 of the best runners from across the country and Ryan held his own showing fantastic speed endurance.

To gain selection for the event Ryan has had to complete in a number of local and county events whilst demonstrating outstanding commitment to his personal training.

Well done Ryan, we look forward to seeing what you can do next year

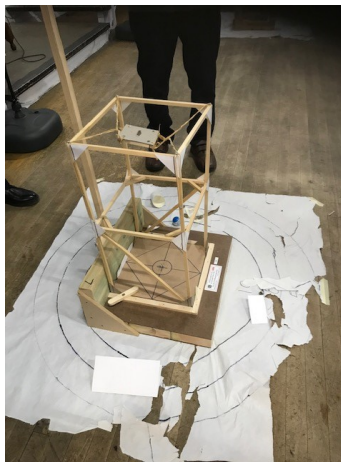
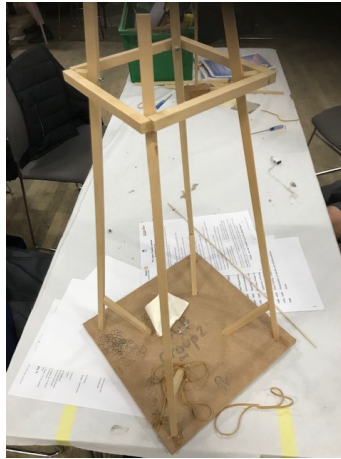




Absolutely wonderful performance from the boys today. They were always in control of the game, however credit to St James Boys School who never gave up and made the last five minutes very exciting. The final score was 28-24. We now have an away fixture in the quarter final.



Some of our year 7 pupils joined Sacred Heart for a visit from the Paralympian, Bethan Lishman. It was so inspiring to hear about her journey to becoming an Olympic athlete and how she joined Team GB for the Hammer Throw.



### **Rotary Technology Challenge Tournament**

This was a design and build challenge of a space rocket with a detachable capsule. The pupils were definitely up for the challenge! Despite no placings, the judges were really impressed with the teams efforts and especially their design and making skills. We entered 3 teams from Year 9 and were so proud of how well they represented the school. We can't wait for next year and plan on taking a range of ages to take part.

The teachers team from St Bernard's won their challenge—congratulations

Mr Mullaney!



## Year 11 Study Sessions

During the second week of the Easter holidays we will be running study sessions to help year 11 pupils prepare for their GCSE exams.

In previous years these have been really well attended and students have said they have really helped them. The timetable for the sessions is attached,

students have been asked to [complete this form](#) if they are attending to let us know which sessions they plan to come to.

### Other info

Pupils do not need to wear school uniform

Pupils will sign in and out at school reception

Further information on which rooms the sessions will be in will follow before the Easter holidays

### Easter Revision Timetable (April)

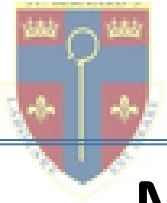
	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th
Morning Session 10 - 12:15	English	History	Maths	Science
Lunch 12:15 - 12:45	Venue: Hall Staffing: SLT	Venue: Hall Staffing: SLT	Venue: Hall Staffing: LHA	Venue: Hall Staffing: SLT
Afternoon Session 12:45 - 3	Creative iMedia	RE	Further Maths	French



It has been reported to us by Cumbria Police that there has been an increase in sextortion cases recently. This is usually led by adults from abroad and happens via messaging online. Children are referred to Instagram links and eventually have had money extorted. A recent case locally saw a student being defrauded of £1000 savings. If you have any concerns about this, please speak to our safeguarding team.

We hope to work with the Child Centred Police Team in Cumbria to share this with our students soon.

Further guidance can be found [here](#)



# MESSAGES FROM MR VINCE

## Royal Barrow

Very exciting news coming out of the Prime Minister's visit to Barrow this week, with a Royal title on it's way to our town. It is a great honour for all in the community and I hope it brings an even greater sense of opportunity for our young people. At school we talk all the time about our students becoming committed learners and exceptional people who can change our world for the better. With the wonderful students in our school we can expect great things from Royal Barrow!!!

## Yr. 11 Easter Revision

You will see in the newsletter above that we are offering a host of Yr. 11 revision sessions over the Easter break. Staff are desperate for our wonderful students to achieve their very best and offering revision over the holidays is just another way they show their dedication to our students. Please do encourage your children to sign up, making the most of this great opportunity .

## Wonderful Sporting Achievements

It was great to hear about our Yr 9 Rugby league team making it to the last 8 schools in the country! A fantastic achievement and one the team can be very proud of! Spare a thought for the school who we beat- they had an 8 hour journey back home afterwards!!!

## And finally

*No premier league this weekend but we can all get excited about Thomas Tuchel's first England game... We can expect great things....especially if he starts Konsa, Rogers and Rashford!!!*

Have a wonderful weekend,

God Bless,

Mr Vince  
Headteacher

