



PRAYER OF THE WEEK

Dear Heavenly Father, I come before You today with a heart full of thanks. Thank You for the gift of life, for the breath in my lungs, and for the grace that carried me through yesterday and has brought me into this new day. Your mercies are new every morning, and Your faithfulness never fails.

Amen

KEY DATES

5th May	Bank Holiday
12th May	Start of GCSEs
14th May	HPV vaccine Y8
14th May	French trip meeting
23rd May	May half term starts
2nd June	Back to school

REMINDERS

Student Absences

Call school on 01229 814 560

Don't forget

Remind Y11's to revise revise revise! Sessions are still running after school as well.

Remember

Give consent for the Y8 HPV vaccine

WORDS FROM ST BERNARD

"In dangers, in doubts, in difficulties, think of Mary, call upon Mary. Let not her name depart from your lips, never suffer it to leave your heart."





Congratulations this week to our fantastic students. We are so proud of you

COMMITTED LEARNERS

YR 11- Thomas Purcell, ,Noel Rodgers-Heavyside, Kai Chester, Lilly Davison

YR 10- Sameer Maheshwari, Alexander Mazur, Hiba Ahmed, Khloe Alyzza

YR 9- Christo Shibu, Prince Callejo, Brogan Brown, Sienna Terpilowski

YR 8- Amelia Dixon, Jeremy Togobo, Joshua Forsyth, George Lashmar-Mackintosh

YR 7— Zeb Morrison, Scarlett Taylor, Joseph Bertenshaw, Penny Brough

EXCEPTIONAL PEOPLE

YR 11– Kian Goligy

YR 10– Vinnie Dixon

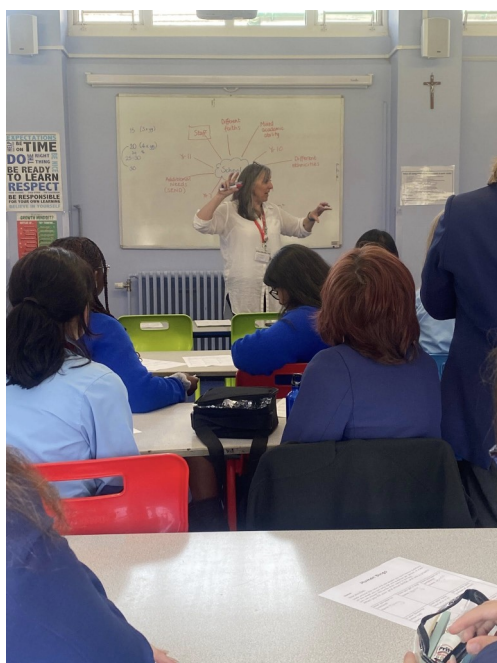
YR 9– Alyx Ritch

YR 8– Oliver Brown

YR 7– Joseph Adebhanji



STUDENT COUNCIL



We had an amazing first session with Sarah and were blown away with how many students came to be part of building our council. We discussed how to structure it and who should be involved. There were lots of brilliant ideas and contributions from all involved.

Our student council development continues on Tues 6th May at 12:30pm in K11.

Please remind them to bring a packed lunch with them.



Barrow Music Centre

Scan Me

Led by expert tutors from Westmorland and Furness Music Service.

Get creative with our music clubs and groups for all ages and abilities - with no need to have your own instrument to get involved. Just come along and join in! Get creative and have Fun.

St Bernard's High School
Mondays after school

Sign up: <https://cumbriamusicHub.com/barrow-music-centre>
✉ musicservice@westmorlandandfurness.gov.uk

Supported using public funding by
Department for Education | ARTS COUNCIL ENGLAND | Westmorland & Furness Council | Cumbria MusicHub

We had a very successful start to Barrow Music Centre being based at St Bernard's and some wonderful music happening. There are still places on all groups if you would like to get signed up.

There are a few different groups running:

Music Makers for ages 7-11

Music Makers for ages 12-15

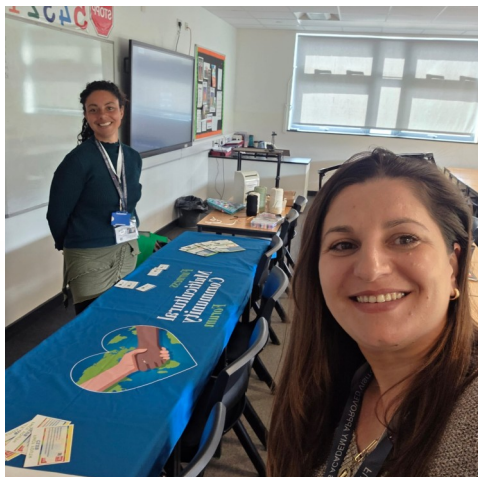
Saxophone group for Y 6, 7, 8 and 9

These are open to any child in the area who would like to attend.

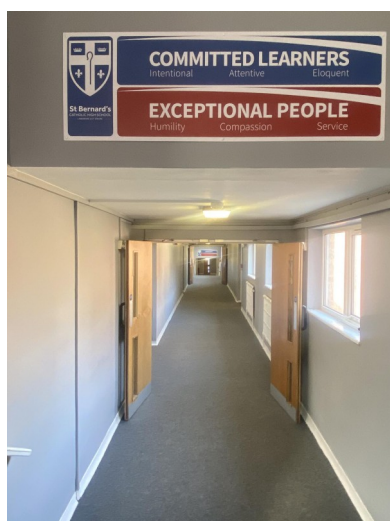
St Bernard's will also have a singing/drumming group running after school from 3:20 -4:15pm. Students can attend this and then join in the Music Centre sessions. If they would like to sign up, please click here <https://forms.gle/wqtBgX7iMYh4aJ4H6>



Congratulations to our Year 9 Athletics Team who won the Town Sprint Relay Competition this evening. Every runner worked as hard as they possibly could. Big shout out to our two Year 8 girls who competed a year up.



A big thanks to the Furness Multi-cultural community forum for coming to work with some of our students at lunchtime. It was lovely to hear them all enjoying time together and do some craft. The club is on every Monday lunchtime in K13—please ask students to bring a packed lunch with them to eat there.



We have been busy decorating our various corridors and rooms. This includes lots of new signage to share our Virtues curriculum with staff and students. We are really pleased with how they look and are a reminder to us all that we are committed learners and exceptional people.



MESSAGES FROM MR VINCE

Year 11

Exam season is fast approaching and it has been wonderful to see how hard our Year 11 students are working – especially during the Year group walking talking mocks – a girl in Year 11 came to show me over 6 pages of A4 mocks she had written during that session!! Please do help your children to find time to revise each day at home, this is best possible preparation to help manage the stress of exams.

Mobile Phones

Just a quick reminder to all, that mobile phones should be switched off and in bags during the school day. Phones distract us from our learning and can at times cause unnecessary issues, time away from our screens is also really good for our mental health. If you need to contact your child during the day please do this via the Main Office.

School Virtues

Since the start of this term we have been talking to our students about how they can be 'Committed Learners and Exceptional People'- we have been using our school virtues to explore this:

- **Intentional** - Making positive and deliberate decisions because life is a gift from God
- **Attentive** - Finding God in learning and all things.
- **Eloquent**- Always kind, polite and forgiving with my words.

Try asking your child how they may have lived out these virtues in and out of school this week, celebrating our truly exceptional students.

And finally

The less said about football the better after Villa's shocker at Wembley!!! It is amazing how I have found lots of other topics to discuss with staff and pupils this week. Let's hope the sunshine and extended weekend lifts the mood (and maybe even 3pts against Fulham!)

God Bless,

Mr Vince