
PRAYER OF THE WEEK

Heavenly Father, I place tomorrow into your hands. I don't know what it holds, but I trust that your will is perfect. Help me to accept your plan for me, even if it's not what I expect.

Amen.

KEY DATES

7th July	Y9 and 10 Blackpool trip
Wc 7th July	Y10 Speaking and Listening
9th July	Y5 Taster Sessions
10th July	Awards Night
14th and 15th July	Sports Day
16th July	Abbey Mass
17th July	Y10 Geography Field Trip
18th July	Last day

REMINDERS

Student Absences

Call school on 01229 814 560

Don't forget

Full PE kit for Sports days—info in the newsletter

Remember

School finishes at 1pm on Friday 18th July—students need to make their own way home as school service buses not available at that time.

WORDS FROM ST BERNARD

Love seeks no cause beyond itself and no fruit; it is its own fruit, its own enjoyment. I love because I love; I love in order that I may love.





Congratulations this week to our fantastic students. We are so proud of you

COMMITTED LEARNERS

YR 10- Korban Pearson, Zac Blower, Rio Goligy, Kenzie Jefferson

YR 9- Alyx Ritch, Aaron Rimmer, Donald Anyanwu, Layla Noblet

YR 8- Hannah Tranter, David Anyanwu, Layla Ashley, Chloe Edmondson

YR 7— Eloise Mullen, Joseph Adebajji, Orla McIntyre, Zak Preston

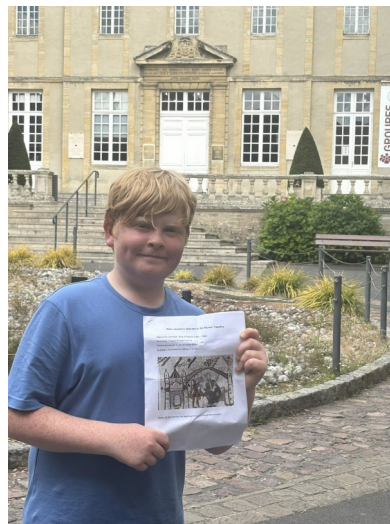
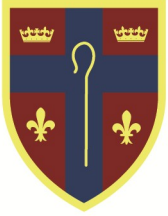
EXCEPTIONAL PEOPLE

YR 10— Ruby Harrison

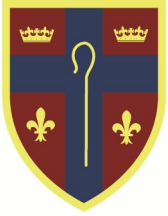
YR 9— Ashton Williams

YR 8— Cheska Galang

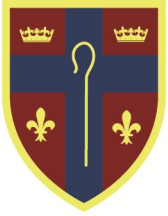
YR 7— Grace McKenna



Year 7 and 8 pupils had a wonderful trip to France this week with a huge variety of experiences including visiting Mont St Michel, seeing the Bayeux tapestry and eating snails!

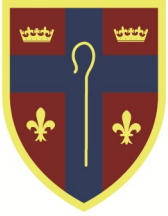


French trip continued

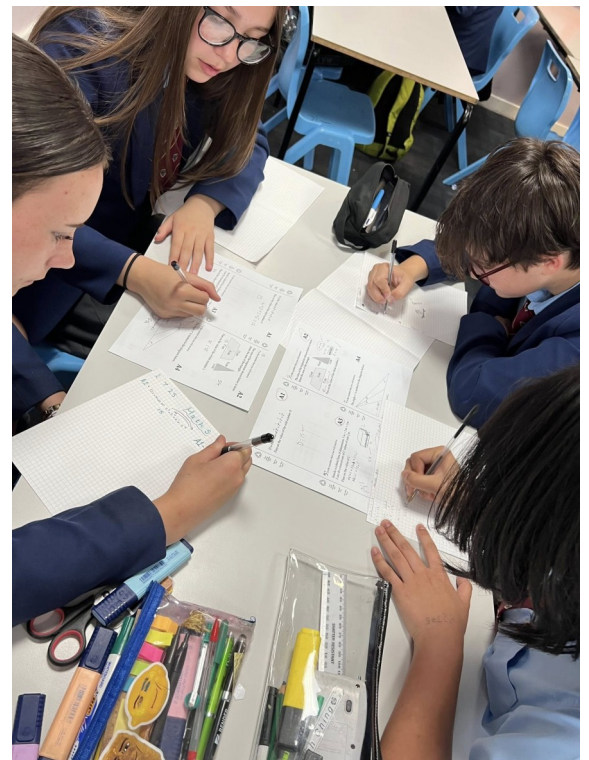
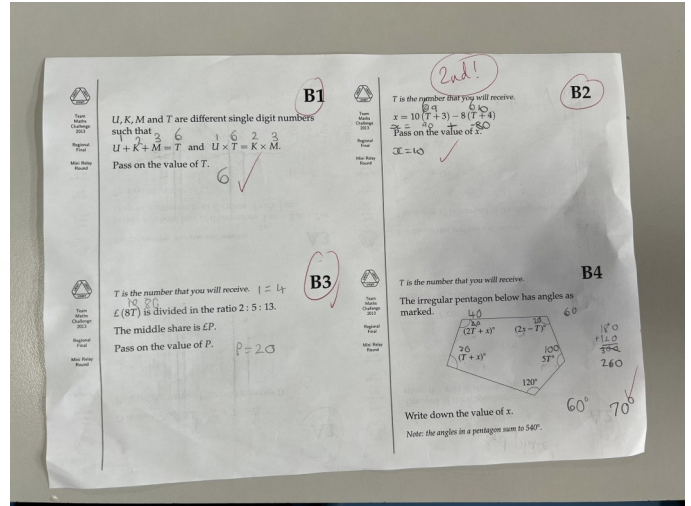


Our taster sessions continued this week with sessions at St Bernard's with our DT and Maths departments. Lots of creative work took place and a delicious brunch was shared. We were visited by Ormsgill, Low Furness, Dane Ghyll and St Pius this week. We look forward to welcoming children from Newbarns and St Columba's next week.

We have also been out and about reading French stories written by our students to Years 4 and 5 at Vickerstown primary school. We loved meeting them all and sharing some French together.



We had an inspiring and informative visit from the JJ effect this week for Year 8, 9 and 10. It was challenging at times and lots of information was shared. We were really impressed by the maturity and interest our pupils showed in it—there were some brilliant questions!



8x1 have been working hard on their problem solving skills in maths this week. Their groups split into pairs, with one pair solving a problem which the other pair needed the solution for as it was required for them to work out the solution to their problem! Amazing efforts from a wonderful group of committed learners .



Travelling, the *ultimate* guide

By Joshua Brown, TE

Don't like travelling? Don't worry, in this article we will inform you about the importance and benefits of travelling. So by the time you've finished reading this article, you'll be transformed from a stay-indoors person to a young explorer willing to see the world for all its natural glory.

Travelling is important because it helps inspire people in a way they have never been inspired before, especially if you're the type of person that thinks 'travelling' is going to the local ASDA or Tesco. Travelling doesn't necessarily involve flying or sailing. You can travel by, say, climbing a mountain, or rock-climbing, or going for a walk or hike. But for better travelling, you could fly somewhere interesting. I recommend the Amazonian rainforest, or you can go somewhere based on your own interests..

Travelling can help us with poetry and writing (surprisingly) because it inspires us to create stories about where we have been, what we have seen and the experiences we have had. It inspires us to travel more and go places that have never graced our minds before, and it helps connect people. After all, who wants to be that guy that said he spent his summer holidays inside playing *Call of Duty*? Honestly, the world has gone from people adventuring long distances and doing great things to people whose idea of a good time is being clocked on their phone 24/7. If we travelled more, then maybe we'd have something to brag about!

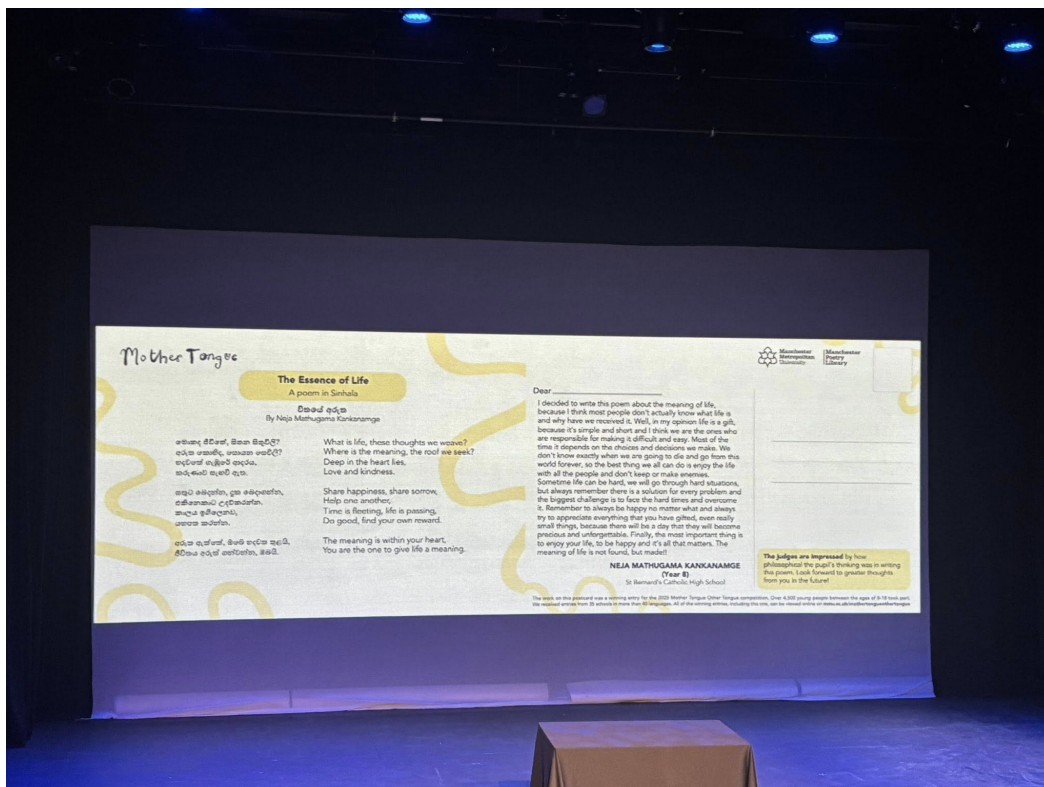
A brilliant article on the importance and benefits of travelling written by Josh Brown in Year 7

(Second half is on the next page.)



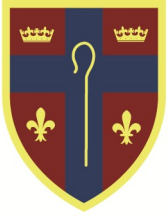
Some may say that 'Travelling tires you out quicker, and when you get older, your body will break down and deteriorate, and eventually, you'll die' or 'Why travel when you have everything you need all in one place?' But this is just not reality. Your life expectancy actually decreases the more time you spend indoors and not moving from your bed, whereas if you travel, you'll keep fit and healthy, and you'll develop a great palette because of the local cuisine. Overall, if you travel, you'll live longer and prosper.

So, whether it's climbing Mount Everest or prevailing through the Antarctic or going down to the Mariana Trench, one thing's for certain: travelling has its benefits! If humans didn't travel, we wouldn't have done nearly as many things as we have done over two millennia. Want some advice? Go walk the earth!

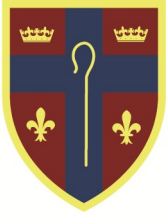


Huge congratulations to our Year 8 pupil Neja for her prize-winning entry in the Mother Tongue, Other Tongue competition run by Manchester Met University. She wrote a poem entitled 'The Essence of Life' in her native Sinhala and also made an audio recording of this at the event. Well done to our year 8s for engaging with the language workshop and working collaboratively with other schools.

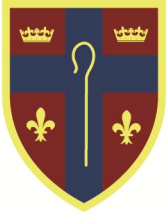
Exceptional people with exceptional aspirations.



The sun came out for our last rounders practice of the year tonight. The girls have gone from strength to strength and have won all their games so far this season. They are now looking forward to their final tournament of the year on Monday.



We welcomed our new Year 7s this week. It was a very successful information evening and really lovely to meet all of our new families. The children then had two days at St Bernard's where they met their forms, worked with lots of our staff and enjoyed the canteen and playground areas. We are so excited for them to join our St Bernard's community in September!

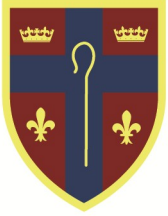


SPORTS DAY

Sports day is on **Monday 14th and Tuesday 15th July.**

Over the 2 days, students can come in **FULL St Bernard's PE kit**. This should only include the St Bernard's shorts or St Bernard's leggings for girls and the St. Bernard's shorts or tracksuit bottoms for the boys, the blue St Bernard's PE top with the school hoodie or rugby top. Students need to wear trainers and remove all jewellery. Our uniform and equipment expectations will be as high as usual.

Both days will be a celebration of sport in general and students will be doing sports related work around the activities of sports day. We hope it will be a wonderful time of sport, and that we get some sunshine!



We are aiming for 100% attendance for the last two weeks of term—
10 more days to go!

If your child is in every day, their name will be entered into a raffle to win
a £10 Greggs voucher. There is 1 per year group to win and it will be
drawn on the last day.

Set those alarm clocks!



TASTER EVENING

THUR 17TH JULY 2025 5PM- 6:30PM

St Bernard's Catholic High School
Rating Lane
Barrow-in-Furness
LA13 9LF



Brief Presentation | Fun Activities | Refreshments | Meet Pupils & Staff

Come and find out more about our wonderful School

The Evening

- A smaller, more relaxed visit to the school in advance of the busyness of Open Evening.



- Free, fun activities for your children while you hear information on our school.
- Hear from our Headteacher and meet our wonderful pupils.
- An opportunity to ask questions of staff, pupils and leaders.

Scan this QR code to book your free place.



About St Bernard's

- A Catholic School for all- welcoming all regardless of faith or belief
- School ethos built upon a set of virtues, helping all children become 'Committed Learners and Exceptional People
- More students achieving grade 4 or above in English and Maths than any other Barrow School.
- A full staffed school with subject experts in all departments.
- A school with a broad and balanced curriculum including Sport, Art, Drama, music, DT, Engineering, Computer Science and many more.
- A school that cares for its pupils and families. £40 towards the cost of uniform for all Yr. 7 pupils.

Alternatively, please click the link to book your place <https://forms.gle/ULioNdCyrZa2GfdF6>



MESSAGES FROM MR VINCE

New Year 7– September 2025

It was a real joy to meet the new children, and parents, who will be joining us in September. We had a fantastic two days this week with our new children and it was great to begin helping them on the journey to become 'Committed Learners and Exceptional People'!! I was also super proud of all our current students who helped and guided them, making them feel so welcome.

Abbey Mass

We are really excited to be planning our celebration of Mass at Furness Abbey on 16th July. The whole school community and over 200 students from our feeder primary schools will gather together to give thanks to God for all we have done and achieved this year. We would love parents and members of the community to join us, so please do come down for the celebration with Mass starting at 9:30am.

Awards Evening

I am really looking forward to celebrating my first Awards Evening– recognising the countless committed learners and exceptional people we have at St Bernard's. We are really proud of all our students and look forward to joining families to celebrate next week.

And finally

The biggest sporting event of the year is fast approaching with the St Bernard's Sports' Day taking place over 14th-15th July. I visited a few PE lessons this week, where students were busy practising their events!! The competition is certainly hot-ing up!!

Have a wonderful weekend!

God Bless,

Mr Vince