



# St Bernard's

## CATHOLIC HIGH SCHOOL

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Committed Learners

Exceptional People

### VIRTUE OF THE WEEK

Eloquent- always kind, polite, and forgiving with our words.

#### Virtue in Action

Thank a member of staff in a detailed and precise way, explaining the impact this has had on you and your learning.

Virtue champion  
Florence Nightingale



**Sixth Sunday of Easter: I shall ask the Father and he will give you another Advocate**



#### **Words from St Bernard**

"The more I contemplate God, the more God looks on me. The more I pray to him, the more he thinks of me too.."

01229 814560  
[contact@stbernardsschool.uk](mailto:contact@stbernardsschool.uk)

### Dates for your diary

- Saturday 9<sup>th</sup> May - K2B and C2B - Team St Bernard's
- wc Monday 11<sup>th</sup> May: GCSE Exams begin
- wc 25<sup>th</sup> May - Half term
- 2<sup>nd</sup> June - Year 10 Chester University visit
- 4<sup>th</sup> June - Year 10 Geography trip - St Bees
- 8<sup>th</sup> June - Year 9 Mountain Day

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### PRAYER OF THE WEEK

Lord, when challenges arise, remind me of Your presence,  
replacing anxiety with Your peace.

Give me the strength and courage to face my tasks with integrity  
and joy.

May my words and actions reflect Your love in my workplace and  
my home

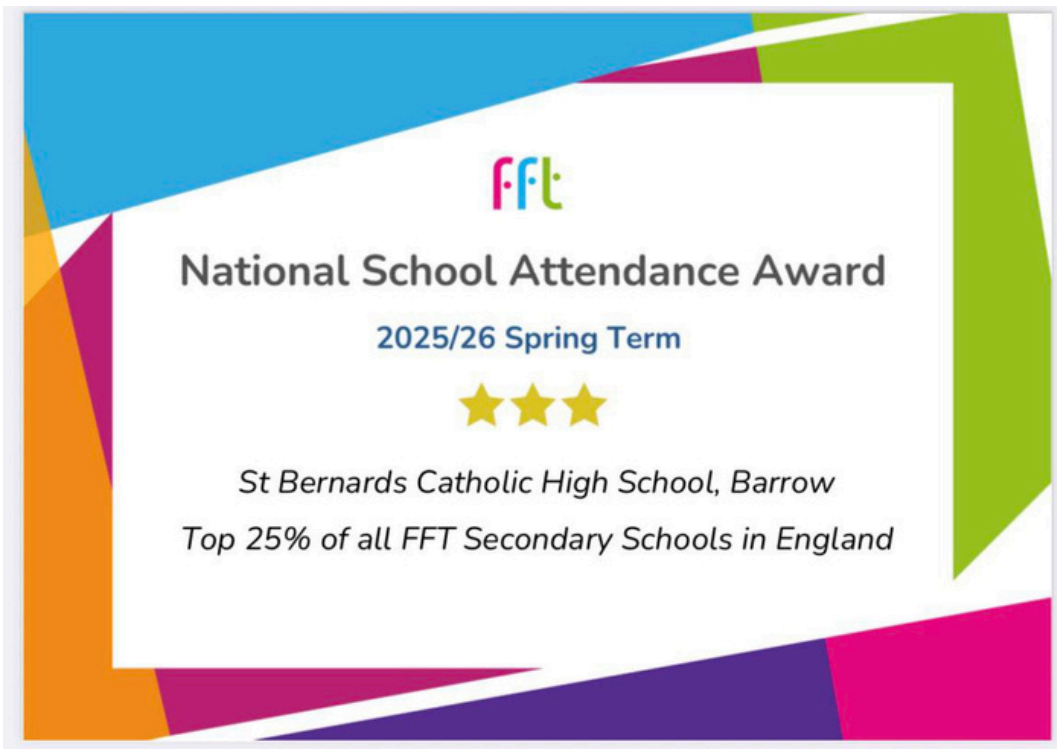
**Amen**

**St Bernard** - *Pray for Us*

# Student achievements



We had two of our amazing students have their passing out ceremonies at Fire Cadets this week. A massive well done to Olivia and Jonathan. We are so proud of your dedication and hard work. You truly are exceptional people and committed learners!



We were so pleased to receive this certificate from FFT this week. It is for all our families and students for fantastic attendance last term. Well done 🍷❤️❤�

If you have anything you'd like us to share - please email it to [contact@stbernardsschool.uk](mailto:contact@stbernardsschool.uk). It doesn't have to be on social media - if you would just like it to be mentioned in their morning meeting instead, that is great! Please specify this when you send it in

# Sporting news



A huge well done to our year 7 and year 8/9 relays teams. Over the last 2 weeks they have competed brilliantly against other Furness schools at the track relay evenings. Due to the students committment and dedication we have put out full teams in each event. A fantastic effort by our students.

Don't forget athletics club is on Monday's after school so come along and get involved

## PE extra-curricular clubs

Next week's Physical Education extra curricular activities will be:

**Monday 11th May**- Athletics club (especially important for those students who are competing on Thursday), Year 8 and 9 rounders fixture v Chetwynde at St. Bernard's.

**Tuesday 12th May** - Softball club (Yr 7-10), Year 7 and 9 rounders fixture v Dowdales at St. Bernard's. NO Rounders club due to fixtures.

**Thursday 14th May** - Track and field cup athletics competition at Furness Academy - students involved will be spoken to and will be given a letter.

**(all in school PE extra curricular activities run from 3.20pm - 4.20pm and require the correct full St. Bernard's PE kit unless stated differently).**

If you have any questions regarding the activities it will be best if students come and speak with a member of the PE department in school, we will then hopefully be able to explain further and discuss any issues.

We look forward to seeing the students at the sessions.

# ENGLISH SUMMER PROGRAMME

For Kids

A week of English Language learning  
for children and young people who  
have English as a second language

snacks and resources provided



3rd to 7th August

Ages 5 to 11


9am to 10.30am

Ages 12 to 16

11am to 12.30

Places must be booked

[Janine@furnessmulticultural.org.uk](mailto:Janine@furnessmulticultural.org.uk)



AN AMATEUR YOUTH GROUP PRODUCTION BY ARRANGEMENT WITH THE REALLY USEFUL GROUP LTD.

**21<sup>ST</sup> TO 24<sup>TH</sup> OCTOBER 2026**  
**AT ST BERNARD'S**



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**TICKETS ON SALE SOON**

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Music by  
**ANDREW LLOYD WEBBER**  
based on 'OLD POSSUM'S BOOK OF PRACTICAL CATS' by  
**T.S. ELIOT**

Orchestrations by DAVID CULLEN & ANDREW LLOYD WEBBER.  
Original production by CAMERON MACKINTOSH LTD. AND THE REALLY USEFUL GROUP LTD.

# Mountain Adventure Days



We are really pleased to offer Mountain Days this year as part of our exciting Outdoor Education program which is new to our school this year. Each year group in key stage 3 will have the opportunity to take part and explore the amazing area we live in.

We are so lucky to have a UNESCO World Heritage Site on our doorstep, the Lake District, which is celebrated for its high landscape beauty.

Year 7 are walking from Coniston to Skelwith Bridge via the Cumbria Way

Year 8 The Blackcombe for a unique via of Barrow.

Year 9 The Old Man of Coniston.

The deadline to sign up for this has been extended to 15th May. Please check Arbor to pay. If there are any barriers to your child attending, please speak to their Head of Year.

We would love as many children as possible to be part of these days out and to experience the great outdoors together.



# Keswick/Coniston to Barrow



Our team are super excited for the walk tomorrow! They have been working hard to fundraise and getting the miles in on the weekends and after school.

Many thanks to St Mary's Hospice for coming in to present them with their T-shirts - don't they look fab!

If you would like to sponsor any of our team, please click on the link

<https://keswick2barrow.co.uk/walkerdonation>



# Exceptional People



# Exceptional People



# Attendance

## Key Stage 3 attendance - this week

Well done 7C, 8B and 9D!

|            |       |
|------------|-------|
| <b>07A</b> | 89.7% |
| <b>07B</b> | 89.9% |
| <b>07C</b> | 99.4% |
| <b>07D</b> | 93.9% |
| <b>08A</b> | 91.3% |
| <b>08B</b> | 96.3% |
| <b>08C</b> | 91.4% |
| <b>08D</b> | 88.3% |
| <b>08E</b> | 94.3% |
| <b>09A</b> | 90.1% |
| <b>09B</b> | 91.0% |
| <b>09C</b> | 96.3% |
| <b>09D</b> | 98.3% |

# Attendance

## Key Stage 4 attendance - this week

Well done 10A and 11C!

|            |       |
|------------|-------|
| <b>10A</b> | 97.5% |
| <b>10B</b> | 94.1% |
| <b>10C</b> | 91.1% |
| <b>10D</b> | 93.0% |
| <b>10E</b> | 94.1% |
| <b>11A</b> | 85.2% |
| <b>11B</b> | 92.0% |
| <b>11C</b> | 97.4% |
| <b>11D</b> | 96.9% |
| <b>11E</b> | 74.0% |

## Whole school attendance - this week

92.87%

Attendance awards for 100% across a week are given on a Monday morning. Y7, Y8 and Y10 can win queue jumpers for the canteen and Y9 and Y11, a 5 minute pass for lessons to be first to lunch.

# Letter from Mr Vince

## **Incredible attendance.**

We are absolutely delighted to share that St Bernard's has been recognised by FFT for having attendance levels within the top 25% of schools nationally. This is a fantastic achievement and a real reflection of the strength, spirit, and commitment of our whole school community.

Excellent attendance remains one of the strongest indicators of success in education. Every lesson matters, every day counts, and the dedication shown by our students demonstrates their determination to achieve their very best. Thank you to all parents and carers for your continued support in ensuring students arrive each day ready to learn, grow, and thrive.

## **K2B**

Good luck to everyone taking part in the Keswick to Barrow and Coniston to Barrow walks this weekend. These events are a brilliant example of resilience, teamwork, and community spirit, while also raising money for many wonderful causes.

Earlier in the year, I said that if enough students signed up, I would take part alongside them in the C2B. Thankfully, they didn't let me down! Last year I tackled the longer K2B with other staff, so I was very pleased to have such a strong group of students involved this year meaning I could join the C2B team instead!

I am incredibly proud of every student taking part and know they will do St Bernard's proud every step of the way – although I am already preparing myself for the blisters by Monday morning!

## **GCSE Exams**

This week marked an important milestone for our Year 11 students as they completed their first GCSE examination in Sports Studies. It was wonderful to see students leaving the exam with such positivity and confidence.

Our Year 11 cohort continues to work incredibly hard and should be proud of the commitment and resilience they are showing. Every revision session, extra hour of study, and moment of perseverance will pay off. Keep believing in yourselves – we are all incredibly proud of the mature and determined way you are approaching this important period.

## **And finally...**

It was certainly a huge week for me, with Villa securing a place in a European final for the first time in over 40 years! Safe to say my voice was a little quieter by Friday morning after all the celebrations earlier in the week!

Wishing you all a wonderful weekend.

God bless,

Mr D. Vince