



# St Bernard's

## CATHOLIC HIGH SCHOOL

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Committed Learners

Exceptional People

## VIRTUE OF THE WEEK

**Virtue champion**  
**Queen Elizabeth II**

Compassion- To love my neighbour as Jesus loves me.

### **Virtue in Action**

Helping, supporting, or acknowledging the efforts of others.



**Are you the one who is to come, or have we got to wait for someone else?**



### **Words from St Bernard**

"You will never have real mercy for the failings of another until you know and realize that you have the same failings in your soul."

01229 814560  
[contact@stbernardsschool.uk](mailto:contact@stbernardsschool.uk)

### Dates for your diary

- wc 4<sup>th</sup> May - Year 10 Mock exams continue
- Thursday 7th May: Year 10 Sports Studies Leadership Day
- Saturday 9<sup>th</sup> May - K2B and C2B - Team St Bernard's
- wc Monday 11th May: GCSE Exams begin

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### PRAYER OF THE WEEK

Lord, make me an instrument of your peace.  
Where there is hatred, let me sow love; where there is injury,  
pardon; where there is discord, union.  
Open my eyes to the ones who feel invisible and give me a heart  
to comfort without comparison.  
May I notice those who feel unnoticed, and may my heart reflect  
your kindness, serving without strife.  
Amen

# Sporting achievements



We had some brilliant news this week and are proud to share that two of our pupils have truly excelled in sport.

Mason, in Year 9, has been selected for the St Helen's U14's Rugby League scholarship.

He has gone through a rigorous trials process which started last year. The process was tough with the number of players involved getting reduced each round. He has now been selected in a squad of 20 players where he will train twice a week with the team and play fixtures at weekends.

William in year 10 has been selected to represent Scotland in Rugby League at the U16's Home Nations tournament taking place in May and June this year.

From over 100 trialists William has made the 22 man squad and he is still playing a year young.

William has shown outstanding commitment and dedication to achieve this.

We are so proud of them both and what committed learners and exceptional people they are.



# Sporting news



An excellent turn out at rounders practice this week, we had a range of pupils from years 7 - 10 practicing their batting and fielding skills and enjoying the spring sunshine.

## PE extra-curricular clubs

Next week's Physical Education extra curricular activities will be:

**Monday 4th May** - No clubs due to bank holiday

**Tuesday 5th May** - Softball club (Yr 7-10), Rounders club (Yr 7-10), Year 7 athletics relays competition at Furness Academy Track (selected students only).

**Thursday 7th May** - Year 11 Sports Studies revision session

(all in school PE extra curricular activities run from 3.20pm - 4.20pm and require the correct full St. Bernard's PE kit unless stated differently).

If you have any questions regarding the activities it will be best if students come and speak with a member of the PE department in school, we will then hopefully be able to explain further and discuss any issues.

We look forward to seeing the students at the sessions.

# ENGLISH SUMMER PROGRAMME

For Kids

A week of English Language learning  
for children and young people who  
have English as a second language

snacks and resources provided



3rd to 7th August

Ages 5 to 11


9am to 10.30am

Ages 12 to 16

11am to 12.30

Places must be booked

[Janine@furnessmulticultural.org.uk](mailto:Janine@furnessmulticultural.org.uk)



AN AMATEUR YOUTH GROUP PRODUCTION BY ARRANGEMENT WITH THE REALLY USEFUL GROUP LTD.

**21<sup>ST</sup> TO 24<sup>TH</sup> OCTOBER 2026**  
**AT ST BERNARD'S**

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**TICKETS ON SALE SOON**

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Music by  
**ANDREW LLOYD WEBBER**  
based on 'OLD POSSUM'S BOOK OF PRACTICAL CATS' by  
**T.S. ELIOT**

Orchestrations by DAVID CULLEN & ANDREW LLOYD WEBBER.  
Original production by CAMERON MACKINTOSH LTD. AND THE REALLY USEFUL GROUP LTD.

# Mountain Adventure Days



We are really pleased to offer Mountain Days this year as part of our exciting Outdoor Education program which is new to our school this year. Each year group in key stage 3 will have the opportunity to take part and explore the amazing area we live in.

We are so lucky to have a UNESCO World Heritage Site on our doorstep, the Lake District, which is celebrated for its high landscape beauty.

Year 7 are walking from Coniston to Skelwith Bridge via the Cumbria Way

Year 8 The Blackcombe for a unique via of Barrow.

Year 9 The Old Man of Coniston.

The deadline to sign up for this is Friday 8<sup>th</sup> May. Please check Arbor to pay. If there are any barriers to your child attending, please speak to their Head of Year. We would love as many children as possible to be part of these days out and to experience the great outdoors together.



# Feast of St Joseph



Today is the Feast Day of St Joseph the Worker, celebrating Joseph's dignified craftsmanship and endeavour.

We had pupils from Years 7-9 present, who were led in prayer by Year 9 pupils, reflecting on the importance of work and service to others.



# Exceptional People



# Attendance

## Key Stage 3 attendance - this week

Well done 7A, 8E and 9B and 9D!

<b>07A</b>	96.1%
<b>07B</b>	87.5%
<b>07C</b>	91.7%
<b>07D</b>	90.8%
<b>08A</b>	92.0%
<b>08B</b>	93.6%
<b>08C</b>	94.9%
<b>08D</b>	88.8%
<b>08E</b>	98.7%
<b>09A</b>	90.2%
<b>09B</b>	89.9%
<b>09C</b>	90.8%
<b>09D</b>	94.8%

# Attendance

## Key Stage 4 attendance - this week

Well done 10D, 10E and 11D!

<b>10A</b>	97.2%
<b>10B</b>	94.8%
<b>10C</b>	94.6%
<b>10D</b>	97.6%
<b>10E</b>	97.6%
<b>11A</b>	83.1%
<b>11B</b>	95.0%
<b>11C</b>	93.4%
<b>11D</b>	95.7%
<b>11E</b>	89.8%

## Whole school attendance - this week

92.84%

Attendance awards start next week for 100% attendance each week!

# Letter from Mr Vince

## **Exams**

As we move into the coming week, our GCSE examinations formally begin. Our Year 11 students have worked incredibly hard in preparation, showing real commitment and determination. They should approach this period with confidence, knowing they are well prepared for the challenge ahead.

We also recognise that exam season can feel demanding and, at times, overwhelming. Please be assured that we are here to support our students every step of the way—both academically and pastorally—so they feel calm, focused and ready to succeed.

We wish all of our Year 11 students the very best of luck

## **Filming**

Today we welcomed an external company into school to begin filming a promotional video celebrating all that makes St Bernard's so special. It was a genuine pleasure to spend the day visiting lessons, corridors and communal spaces, seeing our school in action.

Having worked in many schools, our visitor was truly struck by what he experienced here—particularly the exemplary behaviour of our students, and the warmth and politeness they show every day. These qualities are no accident; they are a reflection of the culture we have built together as a community.

## **Mountain Days**

We are excited to introduce our first Mountain Days this summer term for students in Years 7–9. These experiences are designed to build resilience, teamwork and a sense of achievement, while enjoying the incredible landscape on our doorstep.

- Year 7: Coniston to Skelwith
- Year 8: Black Combe
- Year 9: The Old Man of Coniston

Parents can sign up via Arbor, and we very much hope to take full year groups on these memorable days.

## **And finally...**

A slightly more tense note—Villa are in danger of becoming nearly-men once again after defeat in the first leg of their European semi-final! Everything is crossed for a turnaround in the second leg... though I'm not sure I can cope with the stress!

Wishing you all a wonderful extended weekend.

God bless,

Mr D. Vince