St Bernard's CATHOLIC HIGH SCHOOL

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Committed Learners Exceptional People

VIRTUE OF THE WEEK

Compassion: To love one another, as Jesus loves me.

Virtue in Action

We treat everyone in school with dignity and respect.

We are prepared to learn so that we can all make progress: equipment, punctuality, focus.

Virtue champion
Dame Jessica Ennis-Hill





Words from St Bernard

A saint is not someone who never sins, but one who sins less and less frequently and gets up more and more quickly.

01229 814560
contact@stbernardsschool.uk

Dates for your Diary

- **Tuesday 24th November : Y11 Individual and Whole Year Group Photo**
- **Tuesday 24th November : Hello Futures workshops**
- **Tuesday 24th November : Careers Fair**
- **Wednesday 25th November: Ski - parents meeting**
- **Wednesday 25th November: Author visit**
- **Thursday 26th November Flu Nasal Spray Immunisation - Whole School**
- **Friday 27th November : INSET Day- School Closed**
- **Wednesday 2nd December: GCSE Awards Evening**
- **LAST DAY OF TERM Friday 18th December finishing at 1pm!**

Committed Learners Exceptional People



PRAYER OF THE WEEK

Heavenly Father,
Help us to show kindness, compassion and respect to everyone we meet.
Give us the courage to stand up for what is right and support those in need.
May we be thankful for our freedoms and remember those who are less fortunate.
Guide us to be a community of love, hope and peace.
Amen.

Exceptional Athletes



On Monday, our Year 7 and 8 netball teams played Chetwynde School.

Our Year 7 teams are gaining more experience each time they play and are developing well as a team.

Our year 8 team continued their winning streak. After a slow start they came strong in the second half finishing with a comfortable win.

Well done girls, keep up the good work.



Exceptional Athletes

A fantastic effort from the Year 11 boys this week, who gave their all and showed great determination throughout their rugby game.
Unfortunately, a few more errors than our opposition proved costly and ultimately had an impact on the final result.

The team, however, should be incredibly proud of their commitment, teamwork and the effort they put in from start to finish.

A big thank you to Barrow Raiders for hosting the final and providing a great occasion for all involved.

We would also like to wish the Academy the very best of luck in the next round.
Well done to all the boys for their efforts and for representing the school so well!



Committed Learners and Exceptional People

Congratulations to our Committed Learners and Exceptional People who were recognised in our Friday Morning Meeting.

We are incredibly proud of your attentiveness to learning.









Red Wednesday









Our school community came together to mark Red Wednesday, raising awareness of those around the world who are persecuted for their faith. Staff and students showed their support by wearing items of red clothing or red accessories, helping to make the day a visible symbol of solidarity. Throughout the day, staff and students spent time in our school Chapel, offering prayers and taking part in moments of silent reflection. Students also wrote their own prayers, which were brought together to form a beautiful prayer chain of solidarity, symbolising our shared support for those who face discrimination and persecution because of their beliefs. We are incredibly proud of the reverence, maturity and respect shown by all of our students. Their thoughtful participation was a wonderful reflection of our school values and a powerful reminder of the importance of compassion, faith and standing together for others.

Attendance

Well done Y7 for keeping your attendance over 90% this week.
Let's all try to get those scores over 95% next week!

Year 07	**92.07%**
Year 08	**88.43%**
Year 09	**89.27%**
Year 10	**90%**
Year 11	**89.76%**

Letter from Mr Vince

Mock Exams
A huge well done to all our Year 11 pupils (and staff!) for their incredible efforts over the last few weeks during the mock exams. It has been a real privilege to see how hard they have been working and the dedication they have shown. We look forward to marking the papers and seeing the progress everyone has made.

We continue to feel very confident about our examination results. Last year, we were delighted to see a significant improvement in results, becoming the highest-performing school in Barrow. We know our current Year 11 and Year 10 cohorts will continue this upward trend as we strive to become one of the best schools nationally!

Homework
Please can I remind all parents, carers, and students how crucial homework is to the progress pupils make in school. In particular, we know that the Reading Plus homework for Year 7 is having a profound impact on our learners' development.

I would like to encourage all parents and carers to sit down with their children and engage with their homework—it is one of the very best things you can do to support their learning.

Spirit of Christmas
Save the date for our annual 'Spirit of Christmas' evening, which will take place on **16th December.** We will be joining together with our feeder primary schools to get into the festive spirit. It is always a wonderful occasion, so please do come along and join us!

Year 11 photos
On Tuesday 24th, we will be taking our Year 11 individual and year group photographs. I know this is always a big, sentimental occasion—for many parents and carers, it probably feels like only yesterday they were arriving in Year 7! We are immensely proud of everything they have achieved (and will go on to achieve) and look forward to their faces joining our roll of honour from down the years.

And Finally...

There is a local derby this weekend for Barrow, which I know will be a fantastic occasion! Just as intriguing is Poch's first United game against Liverpool—let's see who is smiling come Monday!